

SCHEDULE for the January 2022 ONLINE Workshop
of the Carolinas Group Psychotherapy Society (CGPS)

January 22 – 23, 2022

**Untying the Strings of Racism and Oppression with Compassion:
Raising Awareness and Honoring Socio-Cultural Threads
throughout Group Therapy**

with B. Diggs Williams, LCSW and Dr. Vinny Dehili, Ph.D.

Sat., Jan. 22, 2022		NOTE: All Times are Eastern Daylight Time	Contact Hours	
			hr:min	Decimal
10:00 AM	to 10:30 AM	Zoom Check-in (Faculty Meeting)	0	0
10:30 AM	to 10:45 AM	Welcome/Announcements	0	0
10:45 AM	to 12:00 PM	Opening Plenary: An Ethical Frame for Discussions of Diversity within Group Therapy The History of Dehumanization of Black People and Its Impact on Group Therapy Question/Dialogue	1:15	1.25
12:00 PM	to 12:15 PM	Break	0	0
12:15 PM	to 1:30 PM	Small Group I	1:15	1.25
1:30 PM	to 2:30 PM	Lunch (Faculty Meeting)	0	0
2:30 PM	to 3:45 PM	Plenary II – Socio-Cultural Transference and Countertransference from Systematic Oppression – Ethical Interventions Question/Dialogue	1:15	1.25
3:45 PM	to 4:00 PM	Break	0	0
4:00 PM	to 5:15 PM	Small Group II	1:15	1.25
5:15 PM	to 5:30 PM	Break	0	0
5:30 PM	to 6:30 PM	Small Group III	1:15	1.25
6:30 PM – 6:45PM		Question/Dialogue		
Saturday total			6:15	6.25

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Sun., Jan. 23, 2022		NOTE: All Times are Eastern Daylight Time	Contact Hours	
			hr:mm	Decimal
10:00 AM	to 10:30 AM	Zoom Check-in	0	0
10:30 AM	to 12:00 PM	Plenary III – Breaking the Binary of Emotional Narratives when Discussing Race		
		Question/Dialogue	1:30	1.5
12:00 PM	to 12:15 PM	Break (Faculty Meeting)	0	0
12:15 PM	to 1:30 PM	Small Group IV	1:15	1.25
1:30 PM	to 3:00 PM	Lunch & Open Community Meeting	0	0
3:00 PM	to 4:30 PM	Small Group V	1:30	1.5
4:30 PM	to 4:45 PM	Break (Faculty Meeting)	0	0
4:45 PM	to 6:00 PM	Plenary IV – Awakening Consciousness & Interbeing – Enhancing Ethical Treatment	1:30	1.5
6:00 PM	to 6:15 PM	Questions/Dialogue		
6:15 PM	to 6:30 PM	Evaluations followed by Faculty Meeting	0	0
		Sunday Total	5:45	5.75
Workshop Totals		Actual training time	12:00	12.0
		Formal Contact hours	12:00	12.0
		CEUs	1.2	1.2
		Ethics hours	4.0	4.0